

Psychological Counselling Centre

Guru Ghasidas Vishwavidyalaya, Bilaspur



Dear Students,

Is there something that disturbs you?

- Do you feel emotionally disturbed?
- Do you feel problem to concentrate?
- Do you feel anxiety for some reason?
- Do you feel isolated?
- Do the exams make you afraid?
- Do some problems disturb your sleep?



Is there something that
... disturbs you really?

Do you need to talk?

Do you need someone to share your problems?

We are here to share your thoughts...

Feel free to talk to us:

Dr. Rajeshwari Garg, Coordinator, Psychological Counselling Committee

Department of Education, GGV

Contact no. 9424913263

Dr. Payel Banerjee, Member, Psychological Counselling Committee

Department of Education, GGV

Contact no.9755925057

Dr. Prasenjit Panda, Member, Psychological Counselling Committee

Department of English & Foreign Lang. GGV

Contact no.9770691045

Contact Hrs.: Preferably by 10.00am to 1.00pm (Feel free to text or drop a WhatsApp message if we couldn't take up your call at the moment).

We assure that your information will be kept confidential.