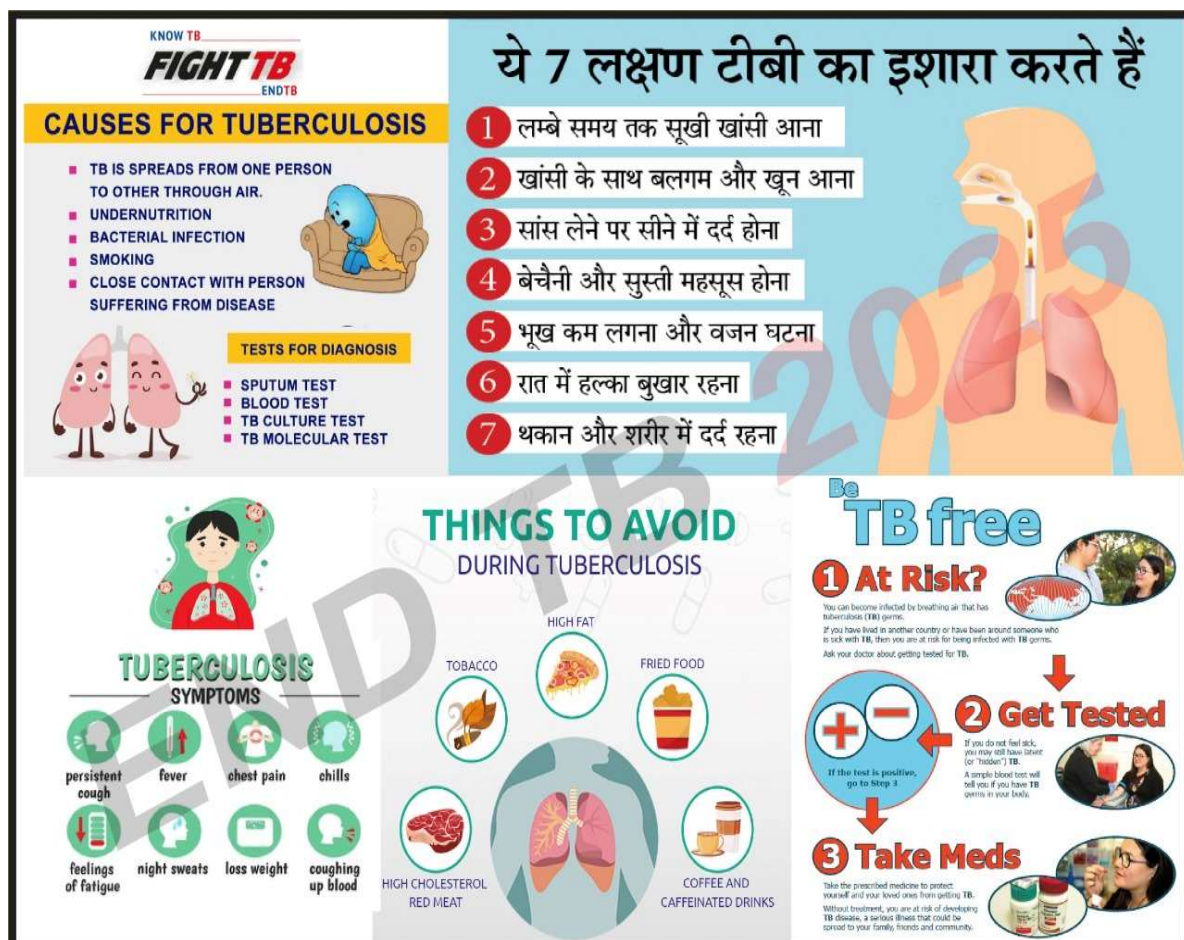


Report of A Health Awareness Rally Under “Goal of End TB By 2025” Program of Ministry of Health and Family Welfare, Government of India, organized by GGV, Bilaspur

Date of Event : March 24, 2023

Venue : From Department of Pharmacy to Guru Ghasidas statue, Guru Ghasidas Vishwavidyalaya, Bilaspur, Chhattisgarh.



KNOW TB FIGHT TB END TB

CAUSES FOR TUBERCULOSIS

- TB IS SPREADS FROM ONE PERSON TO OTHER THROUGH AIR.
- UNDERNUTRITION
- BACTERIAL INFECTION
- SMOKING
- CLOSE CONTACT WITH PERSON SUFFERING FROM DISEASE

TESTS FOR DIAGNOSIS

- SPUTUM TEST
- BLOOD TEST
- TB CULTURE TEST
- TB MOLECULAR TEST

ये 7 लक्षण टीबी का इशारा करते हैं

- लम्बे समय तक सूखी खांसी आना
- खांसी के साथ बलगम और खून आना
- सांस लेने पर सीने में दर्द होना
- बेचैनी और सुस्ती महसूस होना
- भूख कम लगना और वजन घटना
- रात में हल्का बुखार रहना
- थकान और शरीर में दर्द रहना

THINGS TO AVOID DURING TUBERCULOSIS

- TOBACCO
- HIGH FAT
- FRIED FOOD
- COFFEE AND CAFFEINATED DRINKS
- HIGH CHOLESTEROL
- RED MEAT

TUBERCULOSIS SYMPTOMS

- persistent cough
- fever
- chest pain
- chills
- feelings of fatigue
- night sweats
- loss weight
- coughing up blood

Be TB free

- At Risk?**
You can become infected by breathing air that has tuberculosis (TB) germs.
If you have lived in another country or have been around someone who is sick with TB, then you are at risk for being infected with TB germs.
Ask your doctor about getting tested for TB.
- Get Tested**
If you do not feel sick, you may still have latent (or "hidden") TB.
A simple blood test will tell you if you have TB germs in your body.
- Take Meds**
Take the prescribed medicine to protect yourself and your loved ones from getting TB.
Without treatment, you are at risk of developing TB disease, a serious illness that could be spread to your family, friends and community.

<Flyer of Rally on **“Under “Goal of End TB By 2025”**>



Details of Event Proceedings

Date (DD-MM-YYYY)	Details of the Session	Details of Resource Person	Number of Participants
24-03-2023	2022-2023	Dr. S. C. Tiwari Dean, School Of Natural Resources Bilaspur (CG)	95

A Brief Abstract of the Event (Maximum 400 words)

The Ministry of Health and Family Welfare under the counsel of the Hon'ble Prime Minister has extended efforts to end the spread of TB by 2025. Combined efforts from the ministries and the educational institutes over the country shall help in the timely diagnosis and treatment of TB and thus achieve the goals set by the ministry. Conduction of awareness programs shall reduce the stigma associated with the diagnosis, prevention, treatment and social protection for TB infected patients.

Guru Ghasidas Vishwavidyalaya, Bilaspur organized a health awareness rally **on the occasion of world TB Day under Goal of End TB -2025**, programme under the Ministry of Health and Family Welfare, Govt of India for Universities students and staff. **Professor S.C.Tiwari Dean School of Natural resources GGV Bilaspur (CG)** had given his valuable time for flagging off the rally, which started at 11.30AM on 24.03.2023. The theme of rally was "Han Ham TB ko khatm kar sakte hai" and awareness generation, infection control, prevention, care and treatment of TB. The Teachers, students and staff of Department of Pharmacy and Department of forensic sciences joined the programme;

During this programme, the rally passed through different departments, administrative building to Param Pujya Guru Ghasidas Babaji statue with different slogan for control and prevention of spread of Tuberculosis like: - 1. Yog aur dhyan apnana hai TB door bhagana hai, 2. Jan Jan ka ho ek hi nara, TB Mukht ho desh hamara, 3.TB se ladna hai , hame swashthya rahna hai. The students from the D.Pharm B. Pharm M. Pharm, PhD Courses, Faculty Members and Staff Members participated in the rally. We extend warm thanks to Hon'ble VC Sir, Hon'ble Registrar Sir and administration of GGV for their support and motivation.



<Rally flagging off by Dean School of Natural resources and Head Department of Pharmacy with the Participants and Teachers >



<Rally Passed through Administrative Office, GGV >

Signature
Co-ordinator
Goal of END TB by 2025

