



## ABOUT THE AUTHORS



## DR. KUNVAR SINGH

Dr. Kunvar Singh works as Assistant Professor in the Department of Physical Education at Guru Ghasidas Vishwavidyalaya Bilaspur Chhattisgarh. He did his Bachelor's degree and Master's degree from Guru Ghasidas Central University Bilaspur and was a gold medallist in both. He completed his Ph.D. in Physical Education in the year

2018 on the topic "A study of selected Anthropometric and Biomechanical Variables as predictors of High performance Fast Bowling in Cricket". Dr. Kunvar Singh qualified UGC-NET & SET examination. He has written two books and two book chapters. In addition to attending more than twelve workshops and refresher courses, he has presented more than twenty-eight research papers in various international and national seminars and published more than thirty-nine research papers in various international journals. He has participated in three "All India Inter University Athletics Tournament" and one "East Zone Inter University Cricket Tournament". He has more than six years of teaching experience as an Assistant Professor in the Department of Physical Education, G.G.V. Bilaspur, (C.G.) and around one year of teaching experience as a TGT (Physical Education) at Kendriya



## DR. AJAY KUMAR PANDEY

Dr. Ajay Kumar Pandey is working as Assistant Professor in the Department of Physical Education in Indira Gandhi National Tribal University, Regional Campus Manipur (IGNTU-RCM). He was awarded PhD from GGV, Bilaspur in the year 2018. He is specialized

in Kabaddi & Sports Psychology. He acquired collegiate level education Bachelor of Physical Education (B.P.Ed.) from DR. R.M.L. Avadh University campus, Faizabad and Master of Physical Education (M.P.Ed.) from GGV, Bilaspur. As an academic par-excellence he was the Gold Medalist for securing first rank in M.P.Ed. in the year 2011. Dr Ajay Kr. Pandey qualified UGC-NET in the year 2013. Dr. Ajay Pandey has published around 20 papers in various reputed International Research Journals and presented more than 30 papers in National & International seminars, conferences. He has earlier 4 books published in National level publications. He has attained various Workshops, Short-Term courses & Interaction Programme. He has more than one years of teaching experience as an Assistant Professor in the Department of Physical Education at G.G.V. Bilaspur (C.G.) and around one years of teaching experience as an Assistant Professor in Indira Gandhi Institute of Physical Education & Sports Sciences (New Delhi). He has worked more than three years of teaching experience as a Physical Education Teacher at Jharkhand Government.



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