

ABOUT THE BOOK

This is the 3rd edition of the book "SUCCESS MIRROR". The book is an outcome of the constant inspiration we need in from small to every walk of our life. The book is a strenuous effort to help the students make preparation for various competitive examinations.

Proper preparation of students for any competitive exams is done with detailed study of all related subjects, but along with this it is necessary for them to evaluate themselves. So, for this it is necessary to solve the previous paper. Many times it is seen that, along with knowing the answers to the questions, the students are curious about the preparation, so keeping all these things in mind, the answers to all the questions have also been explained in this book. In this book, keeping in mind the needs of the students related to the competitive examinations, questions have been collected from various competitive examinations held earlier. This book contains a total of 150 questions in a total of 11 sets, from set 1 to 11.

ABOUT THE AUTHOR



Dr. Kunvar Singh works as an Assistant Professor in the Department of Physical Education in Guru Ghasidas Vishwavidyalaya, Bilaspur (C.G.). He did his bachelor's degree and master's degree from Guru Ghasidas Central University, Bilaspur (C.G.) and was a gold medalist in both. He completed his Ph.D. in 2016 on the topic "A study of selected Anthropometric and Biomechanical variables as predictors of High performance Judo Wrestling in Children." Dr. Kunvar Singh qualified UGC-NET & SET. He has published more than twenty-eight research papers in International Journals, presented more than twenty-eight research papers in various International and National seminars, and attended more than ten workshops/seminars/conferences. He has participated in three "All India Inter University Athletics Tournaments" and one "East Zone Inter University Cricket Tournament". He has more than five years of teaching experience as an assistant professor in the Department of Physical Education at G.G.V. Bilaspur (C.G.) and around one year of teaching experience as a SET (Physical Education) in Kendriya Vidyalaya Bilaspur.



Dr. Ajay Kumar Pandey is working as Assistant Professor in the Department of Physical Education in Indira Gandhi National Tribal University, Regional Campus, Mandla (M.P.)-491005. He was awarded PhD from GGV, Bilaspur in the year 2018. He is specialized in Kinesiology Sports Psychology. He acquired collegiate level education Bachelor of Physical Education (B.P.E.D.) from DRE, D.M.L., Anand University campus, Patna and Master of Physical Education (M.P.E.D.) from GGV, Bilaspur. As an academic performance he was the Gold Medalist for securing first rank in M.P.Ed. in the year 2011. Dr. Ajay K. Pandey qualified UGC-NET in the year 2013. Dr. Ajay Pandey has published around 20 papers in various reputed International Journals and presented more than 30 papers in National & International seminars, conferences. He has already 2 books published in National level publications. He has attended various Workshops, Short-term training, International Programs. He has more than one years of teaching experience as an Assistant Professor in the Department of Physical Education at G.G.V. Bilaspur (C.G.) and around one year of teaching experience as an Assistant Professor in Indira Gandhi Institute of Physical Education & Sports Education (New Delhi). He has worked more than three years of teaching experience as a SET (Physical Education) at Park Road Government School.



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SUCCESS MIRROR

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SUCCESS MIRROR

(A Complete Preparation for Physical Education Professional)

**For UGC NET, SET, Sports Officer,
KVS, NVS, TGT, M.P.ED, BPED**

(Volume-I)

**Dr. Kunvar Singh
Dr. Ajay Kumar Pandey**

