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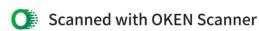
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## Knowledge, Attitude and Practices of Young Adults towards Over-Parenting

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### Abstract

Parenting is a tough task which every parent tries to do in their best possible manner. Parenting does not involve only parents but it also consists children. An effective positive parenting can only determine by the satisfaction level of both parent and child. In current scenario a different type of parenting style is trending, which is being called helicopter parenting or over parenting. An over-possessive and over-protective parent can be defined as helicopter parent, whose extra care and concerns leads to high level of dependence on children. This type of parenting can adversely effects on the personality of children. Present study was focused to understand the knowledge and perception of emerging adults towards helicopter parenting. In the study, major attention was given to the children' perspective towards their parents. The study comprised 134 college students (both boys and girls). Findings revealed that despite sharing great bond with parents, children want their parents to be more emotionally available for them as mostly in the time of any stressful situation children find themselves alone.

**Keywords:**Parenting, Parent-child relationship, Emerging adults, Helicopter parenting, Anxiety, Well-being.

### Introduction

Parenting is an act of rearing children and providing adequate care for them to guarantee that they grow appropriately into maturity. A parent is someone who has children or who plays the role of mother or father. The term 'parenting' derives from the Latin word *parere*, which meaning 'to bring forth, develop, or teach'. Parenting can be described as the intentional acts undertaken to ensure the well-being of the child. It is associated with the activity of child development and education (Stewart et.al. 2005).

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