



# **Ten Days Research Methodology Course**

***(From 01<sup>st</sup> to 10<sup>th</sup> August, 2024)***

Under the Aegis of  
**Indian Council of Social Science Research (ICSSR)**  
Ministry of Education  
Government of India

*Organized by*  
**Department of Physical Education, Yoga  
and Sports Science**  
**Guru Ghasidas Vishwavidyalaya**  
**Bilaspur, C.G. 495009**  
**India**  
**{NAAC Accredited A++ Grade}**



# Ten Days Research Methodology Course

*From 01<sup>st</sup> to 10<sup>th</sup> August, 2024*

ICSSR has entrusted the Department of Physical Education Yoga and Sports Science, GGV, Bilaspur to organize a Ten Days Research Methodology Course for **Research Scholars** from various Institutions of the country.

## ABOUT THE UNIVERSITY

Guru Ghasidas Vishwavidyalaya, is a Central University of India, (NAAC Accredited A++) located in Bilaspur, Chhattisgarh, established under Central Universities Act 2009, No. 25 of 2009. Formerly called Guru Ghasidas University (GGU), established by an Act of the State Legislative Assembly, was formally inaugurated on June 16, 1983, GGV is an active member of the Association of Indian Universities and Association of Commonwealth Universities. Situated in a socially and economically challenged area, the university is appropriately named to honor the great Satnami Saint Guru Ghasidas, who championed the cause of the downtrodden and waged a relentless struggle against all forms of social evils and injustice prevailing in the society. The GGV has eleven school of studies and thirty two departments in which approximately 11000 students are pursuing their degree.

## ABOUT THE DEPARTMENT

Department of Physical Education belongs to the School of Studies in Education, which was established in the year 1985 to provide quality education in the field of physical education. It is recognized by NCTE and has developed play grounds and exercise physiology lab. The department has a dedicated team of competent teachers and instructors to provide sport specific training and teaching assignment. The Department is committed to excellence in sports performance, teaching, research and community service in the fields of Physical Education and Sports by providing Quality Education and Congenial Environment to students and staff. The department has accomplished the greatest achievement of students where 90% of students are recruited in Central Govt Institutions, State govt institutions, CGPSC, Indian Railways, Defence Services and private sectors. The foremost aim of the department is to prepare ideal Physical Education teacher, trained in every aspects of life so that they are competent and versatile in dealing with future demands of the society.

## ABOUT THE RESEARCH METHODOLOGY COURSE

The journey of academic research is both challenging and rewarding, requiring a blend of curiosity, rigor, and methodological precision. This course is designed to equip research scholars with the essential tools and knowledge needed to navigate the complex landscape of research methodologies. Whether you are embarking on your first research project or seeking to enhance your methodological skills, this course will provide a comprehensive foundation for your scholarly endeavors.

The psychological factors such as stress, anxiety, depression etc. affecting the youth society is not untouched from researchers these days, as they are also struggling with the mental instability due to there professional and personal life, the research methodology course is built in such a way that will help the scholars with dealing in psychological problems through yoga and meditation.

## PROGRAM LOGISTICS

- The department will be providing free boarding and lodging to all the participants.

Mode of Program:-	Offline
Duration:-	Ten Days
Daily Session:-	Three Sessions per day
Registration Link:-	<a href="https://pdf.ac/3MJkAl">https://pdf.ac/3MJkAl</a>
Last Date for Registration:-	25 <sup>th</sup> July 2024
<b>Note:- Entries will be entertained on first cum first basis.</b>	

### *Chief Patron*

**Prof. Alok Kumar Chakrawal**  
**Hon'ble Vice Chancellor**  
**Guru Ghasidas Vishwavidyalaya**

### *Patron*

**Prof. A.S.Ranadive**  
**Registrar**  
**Guru Ghasidas Vishwavidyalaya**

### *Course Director*

**Prof. Sanjit Sardar**  
**Head and Director**  
**Department of Physical Education**  
**Guru Ghasidas Vishwavidyalaya**

### *Co-Course Director*

**Dr. Bhojram Rawte**  
**Associate Professor,**  
**Department of Physical Education**  
**Guru Ghasidas Vishwavidyalaya**

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