

## ORGANIZATION OF TUG-OF-WAR COMPETITION UNDER THE FIT INDIA MOVEMENT

Tug-of-war competition was organized on 11-02-2022 by the University Fitness Club in Guru Ghasidas Vishwavidyalaya, Bilaspur. At the beginning of the competition, Professor Vishan Singh Rathore, Secretary, University Fitness Club, got the introduction of all the players and officials. During this, Professor Vishan Singh Rathore encouraged the players for best performance and said that it is not only important to win, but it is important to participate in the competition. He told the mind behind starting the Fit India Movement of our country's Prime Minister Shri Narendra Modi that his aim was that the people of our country should be healthy by participating in various physical activities and sports. A total of four teams of all the students were formed in Tug-of-war competition, in which a large number of students participated enthusiastically. All the members of the fitness club and a large number of students were present on this occasion.





Dr. Kunvar Singh  
Joint Secretary University Fitness Club

Prof. Vishan Singh Rathore  
Secretary University Fitness Club