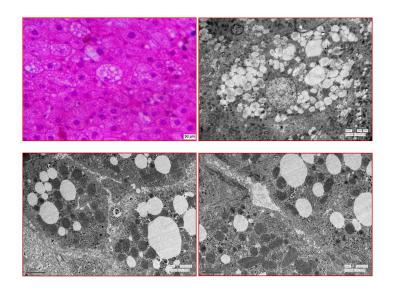
A Handbook on Hepatotoxicity



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Editors: Monika Bhadauria • Satendra Kumar Nirala Sadhana Shrivastava • Arvind Kumar Shakya • Neetu Sharma

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Chapter 19

High Fat Diet induced Hepatotoxicity

Hemeshwer Kumar Chandra^{1*}, Gita Mishra², Nisha Sahu², Arvind Kumer Shakya³, Piyush Shukla⁴, Satendra Kumar Nirala⁴ and Monika Bhadauria¹

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Obesity is the epidemic of the 21st century. In developing countries, prevalence of obesity continues to rise and obesity is occurring at younger ages. According to World Health Organization (WHO), about 1 billion adults are overweight globally and about 300 million of whom are obese (WHO, 2008). The WHO developed Global Action Plan for Prevention and Control of Non-communicable Diseases 2013-2020. One of the 9 voluntary global non-communicable diseases addresses the prevalence of obesity. The rise in diabetes and obesity prevalence should be halted until 2025 on the 2010 levels (WHO, 2013). The prevalence of obesity has doubled in >70 countries since 1980 and continues to increase in most areas globally. Recent agestandardized estimates of global obesity prevalence report that at